

Open Door

Exmouth

www.opendoorexmouth.org.uk

Volunteer vacancies - please help us spread the word!

This Summer we have been busier than ever in the Café which is wonderful to see, but it also highlights just how crucial it is that we have a full volunteer team and right now - we have too many gaps! We are particularly short in the kitchen, we need people who can wash the dishes or be our kitchen assistant. If you can spare a morning or afternoon on a weekly basis, we would be SO grateful for your help! We can provide training if needed, and references if you just want to volunteer while looking for a job.

If you can help, please get in touch, we'd love to hear from you.

Our other big volunteer need at the moment is with Haven. We have two volunteer roles at Haven - one in the kitchen, helping prepare meals, and clearing away, and the other is a more specialist role, as a Haven support worker. If you have experience working with young people, in schools, or as a mental health professional, we would love to hear from you! And if you love cooking, are happy chatting

to young people, and don't mind washing up, then we'd be so grateful for your help in the kitchen! We're looking for a fortnightly commitment on a Monday late afternoon or evening, and full training and support will be provided.

If you're interested in any of our roles, please contact the office on 01395 224218 to find out more and if you can help us spread the word about these vacancies, at church, work, among your circle of friends etc, that'd be great!

ICE - Inspire. Champion. Equip

Lisa has certainly hit the ground running taking over as ICE Project Leader, first hosting an LZ7 concert for 700 students, then ending the school year on a high, hosting two transition days for 40 year 6 students! The students, from 7 local primary schools, were particularly anxious about starting college in September but thanks to the transition days can now approach the start of school with new friends, confidence around the school site, and an awareness of where to go to for help. Great job team!

The Summer holidays have given some much needed space to reflect on these first few months,

and following many conversations with students and staff, it seemed that a strapline was needed, to very clearly summarise the mission of the project and its current work. After much thinking and praying, we are delighted to say that ICE stands for: Inspire. Champion. Equip. From the Hub, to the ICE Awards, LZ7 concerts to transition days, CU and prayer events to 1:1 and group mentoring, our aim is to inspire, champion and equip children, young people and families across Exmouth to reach their full potential emotionally, practically, socially and where appropriate

spiritually. We feel that this strapline sums it all up really well, and will help us continue to develop the project as we respond to the needs of the school in line with this mission.

As we look ahead to the start of a new school year, we will be continuing to support those students we met on the transition days, training with the school in Early Help for Mental Health, and planning for a very exciting Christmas Event on the 6th Dec... Watch this space!!





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Please pray for:

- Pray for volunteers! Please pray for new volunteers to join us in the Café, Haven and Nightshift, and give thanks for our wonderful team of volunteers. Pray for health and strength for all!

- Give thanks for the ICE Team, and for the renewed vision. Pray for effective communication of the vision that it will inspire and encourage the school and enable even more children to be supported. Give thanks for the successful transition days and pray for all those students as they prepare to start in Sept.

- Please continue to pray for Men's Shed as they apply for planning permission to extend the workshop and increase capacity and timings, and pray for funding to cover the costs.

- Give thanks for the Holiday Café and pray for all the families accessing this support, that it will bless them and that their difficult circumstances will improve.

- Give thanks for all those who supported Daryl and Carolyn's fundraising efforts in memory of John.

- Give thanks for all that is being achieved across our six projects, and pray for God's continued guidance over it all!

at the heart of our community

And the Winners are...

A big thank you to all those who joined us for our Summer Social back in July. As you hopefully know, we are so thankful for our incredible team of volunteers who support Open Door in such a huge way, it is the least we can do to twice a year throw a little party to say thank you! So on Friday 6th July, we got together on a sweltering

evening to enjoy a wonderful buffet prepared by the lovely Sandy and Maureen,



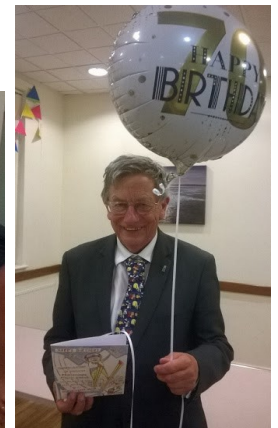
and to battle it out to see who would emerge victorious in the annual Open Door Quiz!

We had 9 teams taking part, including one team who rather confidently (or ironically!?) called themselves "The Winners"!

It was a very close run contest, with just one point separating 1st place from the joint 2nd and 3rd places, but in the end it was "The Winners"... who won!!

Well done to Jenna, Kim and Jane from Haven, Lisa and Sue from ICE, and Peter from the Café. A dream team!!

It was an extra special evening as we also celebrated the 70th birthday of one of our longest serving volunteers, Malcolm Belt! Sadly he didn't win the quiz, but he's a winner in our eyes!



Holiday Café - busier than ever!

A big thank you to all those referring agencies who have told local families in need about our Holiday Café. This has been our busiest school holidays yet with 30 families being supported over the Summer, 329 hot meals served for free to 146 children, saving these families a total of £923.67!

In the words of the families...
"We think it is brilliant. We wouldn't be able to take the children out to a café, we can't afford to, but here it is fantastic.

I like the support you give as well. Using the café during the holidays means we can go out otherwise we would be stuck at home with the children."

"This is the first time we have been here. I am a single Dad with two children and I always find the holidays difficult. Coming here means I can afford to take them out and they enjoy the food."

"We love it here, the food is delicious and the staff are friendly."

Well done wonderful café team!

Triathlon triumph!

Huge congratulations to our Chair of Trustees, Daryl Fulls, and his lovely wife, Carolyn, for completing the Exmouth Triathlon in memory of our friend John Wynne.

They battled a 400m swim, a 20km cycle and a 5km run, raising an incredible £1,221.25 to be split between Open Door and Ogwen Valley Mountain Rescue. Thank you guys – great effort!



Volunteer News - Dates for your Diary!

Safeguarding and Data Protection Volunteer Training: Fri 21st Sept

Open Door Christmas Event at the Community College: Thurs 6th Dec

Volunteer Christmas Social: Fri 7th Dec

RSVP to Sandy